Dunk a Donut for Dementia
20th October 2023

Information Sheet

We encourage you to buy a selection of donuts to share with friends, family and colleagues and ask them to make a small donation towards our dementia awareness work. If they could fill in the attached sponsorship form, BDAA can claim an extra 25% on donations too. Every donation really does make a huge difference to our tiny charity.

How your donation is used:
£1 a head is the cost for scouts, guides: dementia awareness sessions
£10 could help us provide information leaflets
£10 could allow us to give 10 x fridge magnets to carers telling them the first four things they should do on diagnosis of dementia
£20 could print 10 copies of "A Guide to Understanding Dementia"
£25 could provide an MP3 player to an individual/hospital/care home to reduce stress
£50 could enable us to provide a dementia awareness session
£50 could enable us to provide refreshments at Happy Days
£50 could print 250 "We are Dementia Aware" stickers given to businesses and children.
£50 could print 25 "A Helping Hand" manuals for anyone caring for someone with dementia.
£60 could pay for an entertainer at Happy Days

Once you have finished your Donut event, please either send BDAA the money via bank transfer to **Bristol Dementia Action Alliance, Account number: 79721435, Sort Code: 60-23-23** or via our website **www.bdaa.org.uk** (please be aware this will likely incur small fees for the charity).

Please let us know on office@bdaa.org.uk and provide your email and address details so that we can officially thank you.

Please post the sponsorship form to us at 8 Oakhurst Road, Bristol, BS9 3TQ so that we can claim the gift aid.

Please do share photos online and tag us on Facebook, Twitter or Instagram.