



Bristol Dementia  
Action Alliance

Could **Bristol**  
Become the

**#1** Dementia  
Friendly City  
in the UK?

Hold a **FREE** hour long Dementia Friends session in your workplace, school, surgery or with your group and it could be.

**Bristol Dementia Action Alliance** - Increasing awareness of Dementia amongst the communities of Bristol

Visit [bdaa.org.uk](http://bdaa.org.uk)



Dementia  
Friends

An Alzheimer's Society initiative

Can you  
& your team

# become Dementia Aware?

- Do you know what Dementia is?
- Can you identify the symptoms?
- Can you help people with Dementia?

**850,000 people in the UK are living with Dementia and chances are you have been, or will be affected by Dementia at some point. BDAA is working to get organisations Dementia Friendly so Bristol can become the #1 Dementia Friendly city in the UK.**

Help more people become Dementia Aware. Call for your **FREE** session if you are:

- A Business or Organisation
- A Care Home
- A School
- A Surgery
- A Club
- A Scout, Cub or Beaver Group
- A Faith Group
- A Guide, Brownie or Rainbow Group

**Book your session:** Call **0117 968 1002**  
or Email **office@bdaa.org.uk**

**Why should you participate in a FREE Dementia Friends session?**  
Because it costs nothing, takes just 1 hour and it's the right thing to do.

To find out more visit:  
**bdaa.org.uk**

**Bristol Dementia Action Alliance**  
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